

# Spring Northern California Women's Herbal Symposium

P.O. Box 28 Graton, CA 95444 707-824-1429  
springwomensherbal@sonic.net www.womensherbalsymposium.org

Dear Work Exchange Applicant,

Thank-you for your interest in our Work Exchange program. This is a fun and important program. It provides financial assistance and a fun and enthusiastic work force.

We greatly appreciate and depend heavily on each worker.

The questions in this form help us to place you in an appropriate position. Jobs differ in time and skill required. Please answer all the questions honestly and accurately, since they help us to place you appropriately.

We will contact you by email sometime during the months of

**April or May for both Sessions 1 & 2**

(please add us to your email address book so we will come to your inbox)

Some Important Information:

- Work Exchangers work a minimum of 12 hours through-out the session, reducing their registration fee to \$135. Work times depend on the particular position assigned.
- All Work Exchangers are required to attend a meeting on the Friday their session opens, to be familiarized with the tasks of the job assigned. You must attend this meeting, unless prior arrangements are made directly with Terri.

Meeting details will be sent to you, including time and location, when you have been placed in a job position.pr email

- Job positions are assigned in order of application postmark or email date.

Thank-you for your interest in Work Exchange.

We look forward to working with you.

Green Blessings,  
Terri Tall Tree and everyone at the Spring NCWHS



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## Application for Work Exchange • 2019

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Check: \_\_\_ Session 1: May 17-20, 2019

\_\_\_ Session 2: May 24-28, 2019

1. Are you a good worker and are you easy and fun to work with?

2. Are you self-motivated *and* able to follow instructions well?

3. Are you dependable and on time?

4. Do you have a strong back & arms?

5. Do you have any physical restrictions? Please describe.

6. Do you have child/ren attending with you? \_\_\_\_\_

How many? \_\_\_\_\_ Ages \_\_\_\_\_

Where will your child/ren be while you are doing your Work Exchange?

7. Have you attended NCWHS before? \_\_\_\_\_

If yes, did you do Work Exchange? \_\_\_\_\_ which position? \_\_\_\_\_

8. There are over sixty Work Exchange positions per session, in the following categories.

What would you like to do? Please rate at least three in order of your preference.

- \_\_\_\_\_ bodyworker (work through-out the weekend, times vary - list your experience below)
- \_\_\_\_\_ childcare (work during 1/2 of the class times)
- \_\_\_\_\_ dish station prep (work during mealtimes - repeated lifting required, strong arms & back needed)
- \_\_\_\_\_ food shuttle (work during mealtimes - repeated lifting required, strong arms & back needed)
- \_\_\_\_\_ gear shuttle (work on Friday & Monday - repeated lifting required, strong arms & back needed)
- \_\_\_\_\_ kitchen prep (work through-out the session, 3 four-hour shifts)
- \_\_\_\_\_ kitchen prep & break down Friday a.m. & Monday afternoon (work before and after symposium)
- \_\_\_\_\_ kitchen prep on Thursday all day & Friday a.m. (work before symposium)
- \_\_\_\_\_ parking (work long day on Friday in the open sun - good organizational & people skills)
- \_\_\_\_\_ privy cleaning (work during evening, break, and off times)
- \_\_\_\_\_ recycle/garbage hauling on Tuesday - 1/2 position (need an open bed truck & live locally)
- \_\_\_\_\_ registration table (work Friday and part of Saturday - must have past NCWHS attendance)

9. Anything else you can think of to let us get to know you better?

Please:

Mail or email this completed application to: SNCWHS P.O. Box 28 Graton, CA 95444

Or: [springwomensherbal@sonic.net](mailto:springwomensherbal@sonic.net)

Send the reduced registration fee of \$135.00 to the above address with your name and session clearly marked (money order preferred)

Register yourself online ([womensherbalsymposium.org](http://womensherbalsymposium.org)) and check the 'work exchange' box

If you do not do work exchange your fee will be returned to you, or applied to a regular registration fee, per your request.

For cancelations, see our cancelation policy on our website [www.womensherbalsymposium.org](http://www.womensherbalsymposium.org)